

# What to expect at your first testing session.



Congratulations on making the decision to evaluate strengths, and weaknesses and discover the “whys” for questions you may have for development or overall functioning.

**At Star Psychology, it’s our mission to ensure our families feel safe, comfortable, and empowered to offer their best effort during testing. It’s important to get a good night’s rest the night before the scheduled testing session. Since we know it can be new and unusual for kids, we like to describe testing as “playing fun games that help us understand the best way you learn”. We also like to share that information we learn from testing can help them do better at school, home and even with friends”.**

**Feel free to bring any snacks or drinks to stay hydrated and take breaks as needed.**

**You may even bring familiar items, fidgets or cool things you want to show your evaluator that relate to specific interests.**

**There are lots of toys, short activities and games that are available for you or your child to take a break. You can feel free to ask for whatever you need, and we’ll structure our testing sessions accordingly.**

**Testing can be completed in one day or broken into several smaller appointments. This decision can be made with you and the evaluator and is fluid and can change based on the client’s need.**

**We’re so glad you choose Star Psychology for your psychoeducational evaluation needs, and we look forward to meeting you soon!**



